

The Liverpool **FREE** offer for families living with Neurodevelopmental Conditions

Face 2 Face Scope / Alder Hey

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Scope
About disability

Alder Hey Children's **NHS**
NHS Foundation Trust

For Supporting Professionals

What can you offer?

Pre diagnosis, During diagnosis / under assessment, Post diagnosis:

- Information advice and guidance
- Support and training on ND and SEN issues
- Telephone and email support

How do they access it?

- Self referral
- Via EHAT

For Parents & Carers

What can you offer?

Pre diagnosis, During diagnosis / under assessment, Post diagnosis:

A trained parent volunteer who has a child with a neurodevelopmental condition too. A parent who understands the challenges, who will not judge you but understands all the feelings and anxieties you may be feeling. A parent you can meet with in your own home or at Alder Hey if you prefer. We offer initially 6 visits with a trained parent volunteer we call a Befriender, but if we felt you would benefit from having more visits then we would be happy to offer more. Just to know the feelings you have or the anxieties you are experiencing are normal and others have experienced them to can be a great source of support.

How do they access it?

- Via email or telephone
- Can self-refer or be referred by a professional

For Supporting Professionals

What can you offer?

Pre diagnosis, During diagnosis / under assessment, Post diagnosis:

The opportunity to meet with some of the Befrienders, to have a chat about how it impacts on the whole family. To raise their awareness of the ripple effect and how it affects the siblings, parents, grandparents and extended family. The importance of reducing isolation, supporting the parent to engage with services. Being mindful of the rollercoaster families may go on... knowing diagnosis for some can be positive but for others it can feel like a loss of the child they had hoped for. Awareness of impact.

How do they access it?

- Via email or telephone