

Preparing for Adulthood

whilst awaiting Autism or LD Assessment St Helens



ADDvanced Solutions
Community Network
Supporting you to find the answers

ADDvanced Solutions Community Network is an open access offer that supports the emotional health and wellbeing of neurodivergent children and young people, their families and the professionals that work with them.

We are newly commissioned in St Helens to offer learning opportunities to parents and carers of neurodivergent young people aged 11+ who are awaiting Autism and LD assessment.

Preparing for Adulthood Learning Programme

is a structured, 6 session programme supporting and empowering parents and carers with information and strategies around:

- Planning for transition
- Supporting independence
- Reasonable adjustments and SEND
- Further education and employment
- Independent living
- Community inclusion
- Relationships
- Good health and wellbeing
- Local provision and services.



for families



Online - across 6 evenings - 6.30pm - 8.30pm

Monday 4th and Thursday 7th November
Monday 11th and Thursday 14th November
Monday 18th and Thursday 21st November 2024

[Book Now](#)

St Helens (face to face)

venue to be confirmed

across 3 Fridays - 9.30am - 2.30pm

31st January, 7th February and 14th February 2025

[Book Now](#)

Online - across 6 evenings - 6.30pm - 8.30pm

Wednesday 26th February, Wednesday 5th March
Wednesdays 12th, 19th and 26th March
Wednesday 2nd April 2025

[Book Now](#)

Preparing for Adulthood Online Workshops

In addition to the learning programme, we offer 4 complimentary workshops on the following topics:

Pathway to employment, education and training.

Thursday 13th February 2025 - 6.30pm - 8.30pm

[Book Now](#)

Pathway to independent living including housing.

Thursday 13th March 2025 - 6.30pm - 8.30pm

[Book Now](#)

Pathway to good mental and physical health and wellbeing.

Monday 28th April 2025 - 6.30pm - 8.30pm

[Book Now](#)

Pathway to inclusion and being part of own community.

Tuesday 24th June 2025 - 6.30pm - 8.30pm

[Book Now](#)

Call us on **01744 582172** or email us info@advancedsolutions.co.uk for more information.

Check out our website www.advancedsolutions.co.uk