# What's on in Knowsley

Summer 2 Half Term 2025





# **ADDvanced Solutions Community Network**

is an open access offer that supports the emotional health and wellbeing of neurodivergent children and young people, their families and the professionals that work with them. Below you will find the learning programmes and workshops for Knowsley families. No diagnosis or referral is needed to access the offer.







#### Knowsley Community Network Group: Every Wednesday morning during term time

An informal, open access learning opportunity to seek advice and support around challenges at all stages of your journey. No need to book, just come along, to meet the team and visiting professionals.

#### Time: 9:30am - 11:30am

#### **Venue: Old Schoolhouse Community Project**

St. John's Road, Huyton, Liverpool, L36 OUX.

The venue is around a 10 minute walk from Huyton Village Shopping Centre, and is reachable by the 7, 61 and 50 bus routes.

#### **Get directions**



#### **Topics this half term:**

Wednesday 4 <sup>th</sup> June	Introduction to Autism	
Wednesday 11 <sup>th</sup> June	in partnership with Signs of a Rainbow	
Wednesday 18 <sup>th</sup> June	Supporting Transition	
Wednesday 25 <sup>th</sup> June	Specific Learning Difficulties	
Wednesday 2 <sup>nd</sup> July	Neurodiversity and Mental Health	
Wednesday 9 <sup>th</sup> July	Preparing for the Summer Holidays	

# **Online Learning Opportunities**



We offer several opportunities for parents and carers to access our offer online if this is your preference. Weekly Community Network Groups, termly workshops and also our Learning Programmes are delivered in a webinar format via Zoom for Healthcare.



Please register in advance to attend.

View our online calendar here or via the QR code

# ONLINE COMMUNITY NETWORK GROUP

Monday mornings 9.30am - 11.00am

Click here to register

Monday 2 <sup>nd</sup> June	<b>Signs of a Rainbow</b> joining us to share the support they can offer families.
Monday 9 <sup>th</sup> June	Autism and Girls
Monday 16 <sup>th</sup> June	Supporting Transition
Monday 23 <sup>rd</sup> June	Tantrums vs Meltdowns
Monday 30 <sup>th</sup> June	Understanding Phobias
Monday 7 <sup>th</sup> July	Preparing for Summer Holidays

#### ONLINE COMMUNITY NETWORK GROUP

Wednesday evenings

5.00pm - 6.30pm

<u>Click here to register</u>

Wednesday 4 <sup>th</sup> June	Supporting Transition
Wednesday 11 <sup>th</sup> June	Understanding and Supporting Behaviours that Challenge
Wednesday 18 <sup>th</sup> June	Neurodiversity and Mental Health
Wednesday 25 <sup>th</sup> June	Supporting Organisational Skills
Wednesday 2 <sup>nd</sup> July	<b>Signs of a Rainbow</b> joining us to share the support they can offer families.

## **Online 'Demand Avoidance' Workshop**

An extended webinar workshop, exploring Autism with a Demand Avoidant Profile and strategies to support autistic children and young people presenting with varying degrees of demand avoidance.

**Friday 6<sup>th</sup> June** - 9.30am - 12.00pm

Click here to register





# 'Preparing for the future' Online Workshop

#### Pathway to inclusion and being part of own community

An extended webinar workshop, exploring how we can support neurodivergent young people to be included in the local community as they approach adulthood. Designed to compliment our Preparing for the future Learning Programme, see page 3)

**Tuesday 24<sup>th</sup> June** - 6.30pm - 8.30pm

Click here to register

Online community network groups and learning workshops provide parents and carers with an understanding of a particular topic around neurodevelopmental conditions. We provide strategies to support children and young people at home and in school, with an opportunity to interact with our team via the chat and Q&A function. If you are using a phone, you will need to download the Zoom app beforehand. Please be mindful of your data usage. If you do not have an unlimited data plan, you may need to connect to a Wi-Fi connection to prevent charges.



# Learning Programmes for Knowsley parents and carers

We offer learning programmes in Knowsley to support parents and carers to understand and meet the needs of their neurodivergent children and young people, pre, during and post diagnosis.



<u>View our online calendar here or via the QR code to find</u>
the latest available dates



## Neurodevelopmental Conditions Learning Programme

This programme equips parents and carers with a greater understanding of neurodevelopmental conditions, specific learning difficulties and associated mental health needs and equips them with practical strategies that support the difficulties that may present, including:

- Neurodevelopmental Conditions including Autism, ADHD,
   Sensory Processing Difficulties, Specific Learning Difficulties.
- Managing everyday challenges and behaviours including sleep, toileting and eating difficulties.
- Your Local Offer, disability welfare rights and SEND, Early Help and Education Health Care Plans.

No referral or diagnosis is needed

Click here for latest dates to attend face to face or online

# Preparing for the Future Learning Programme

Offering parents and carers, in St Helens, Knowsley and Warrington, learning opportunities to understand and better support neurodivergent young people aged 11+ as they.

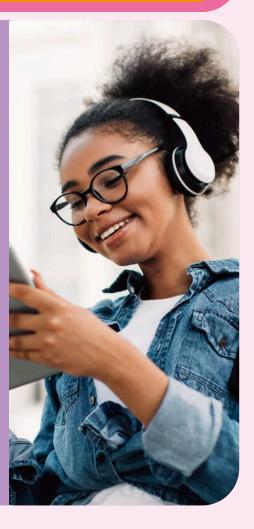
This is a structured, 6 session learning programme, delivered face to face or online, supporting parents and carers as their young person approaches adulthood:

- Independent living
- Community inclusion
- Relationships
- Good health and wellbeing
- Exploring local provision and services for young people
- Planning for transition
- Supporting independence
- Reasonable adjustments and SEND
- Further education and employment

#### Online - across 6 evening sessions via Zoom

Wednesday 4<sup>th</sup> June 6.30pm - 8.30pm Monday 9<sup>th</sup> June 6.30pm - 8.30pm Wednesday 11<sup>th</sup> June 6.30pm - 8.30pm Monday 16<sup>th</sup> June 6.30pm - 8.30pm Wednesday 18<sup>th</sup> June 6.30pm - 8.30pm Monday 23<sup>rd</sup> June 6.30pm - 8.30pm

**Book Now** 





# Supporting Behaviours that Challenge Learning Programme

This programme support parents and carers to understand what can be behing behaviours that challenge and work out whats going on for their own child or young person. We will equip you with practical strategies to improve situations.

Across 3 Tuesdays (you should attend all 3) 24<sup>th</sup> June, 30<sup>th</sup> June and 7<sup>th</sup> July 9.30am - 2.30pm

No referral or diagnosis is needed

**Register here** 

#### Professionals Neurodevelopmental Conditions Awareness Raising Training

Designed to improve professionals' understanding of neurodevelopmental conditions (NDCs), how they may present and how one condition may overlap with another. Professionals attending this training will develop knowledge, skills and confidence to better support neurodivergent children, young people and their families:



- Understand the differences between and the behaviours of ADHD, Autism, and other NDCs
- · Recognise the impact that unsupported NDCs can have on an individual and their family
- · Understand the impact that sensory processing difficulties can have on children and young people
- Identify local support available for professionals, children, young people and their families.

Find out more about our offer for professionals

ADDvanced Solutions Community Network is commissioned to deliver a limited number of Neurodevelopmental Conditions Professional Awareness Raising Training. If you are interested in this full day's training, please call the office on 0151 486 1788 or email <a href="mailto:info@addvancedsolutions.co.uk">info@addvancedsolutions.co.uk</a>.



## **Preparing for Adulthood Professionals Workshop**

A webinar workshop, exploring how professionals can support neurodivergent young people as they prepare for adulthood. Part of our "<u>Preparing for the Future</u>" project to support young people 11+ awaiting an autism or learning disability assessment.

Tuesday 10<sup>th</sup> June - 3.30pm - 5.30pm

Click here to register



#### **Seeking Crisis Support?**

ADDvanced Solutions Community Network is not a crisis service. If you, a child or young person is experiencing acute distress and is deemed to be a risk to themselves or others, please see our <u>urgent support page</u>.

The details we request when you register are kept securely and used in line with our privacy policy:

<a href="https://www.addvancedsolutions.co.uk/wp-content/uploads/2025/04/Privacy-Policy.pdf">https://www.addvancedsolutions.co.uk/wp-content/uploads/2025/04/Privacy-Policy.pdf</a>

Get in touch with us











