

What's on in Liverpool

Summer 1 Half Term 2025



ADDvanced Solutions
Community Network
Supporting you to find the answers



ADDvanced Solutions Community Network

is an open access offer that supports the emotional health and wellbeing of neurodivergent children and young people, their families and the professionals that work with them. Below you will find the learning programmes and workshops for Liverpool families. No diagnosis or referral is needed to access the offer.



Learning Programmes

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[Find out more](#)



Community Network Groups

[See below](#)



Online Learning Opportunities

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[Find out more](#)

Liverpool Community Network Group: Every Tuesday morning during term time

An informal, open access learning opportunity to seek advice and support around challenges at all stages of your journey. No need to book, just come along, to meet the team and visiting professionals.

Time: 9:30am - 11:30am

Venue: Belle Vale Children's Centre

Hedgefield Road, Liverpool, L25 2RW

The centre is located opposite Belle Vale Shopping Centre and on the left of Gateacre School. The centre is accessible by bus via Belle Vale Bus Station, taking the 89 bus from South Liverpool or 79/204 bus from the city centre.

Topics this half term:

Tuesday 22nd April	Autism with a Demand Avoidant Profile
Tuesday 29th April	Understanding Echolalia
Tuesday 6th May	Zones of Regulation
Tuesday 13th May	In partnership with SENDIASS
Tuesday 20th May	Troubleshooting Homework

[Get directions](#)

Belle Vale Children's Centre



Hedgefield Rd
Belle Vale Bus Station

Belle Vale Shopping Centre

Online Learning Opportunities



We offer several opportunities for parents and carers to access our offer online if this is your preference. Weekly Community Network Groups, termly workshops and also our Learning Programmes are delivered in a webinar format via Zoom for Healthcare.

Please register in advance to attend.

[View our online calendar here or via the QR code](#)



ONLINE COMMUNITY NETWORK GROUP

Monday mornings

9.30am – 11.00am

[Click here to register](#)

Monday 21st April	Bank Holiday
Monday 28th April	Attachment and Neurodivergence Exploring the similarities and overlap of attachment theory and neurodivergence
Monday 5th May	Bank Holiday
Monday 12th May	Zones of Regulation Supporting children and young people to be more aware of their emotional state
Monday 19th May	Understanding Echolalia Exploring repetitive and unusual patterns of speech.

ONLINE COMMUNITY NETWORK GROUP

Wednesday evenings

5.00pm – 6.30pm

[Click here to register](#)

Wednesday 23rd April	Attachment and Neurodivergence Exploring the similarities and overlap of attachment theory and neurodivergence
Wednesday 30th April	Troubleshooting Homework
Wednesday 7th May	Sharing a Diagnosis
Wednesday 14th May	Understanding Echolalia Exploring repetitive and unusual patterns of speech.
Wednesday 21st May	Benefits Exploring DLA, PIP, and other benefits which may be available to neurodivergent children and young people.

Online 'Supporting Sleep Difficulties' Workshop

An extended webinar workshop, exploring aspects of neurodivergence that can contribute to difficulties with sleep for children and young people and what we can do to support better sleep.

Friday 2nd May – 9.30am – 12.00pm

[Click here to register](#)



Online community network groups and learning workshops provide parents and carers with an understanding of a particular topic around neurodevelopmental conditions. We provide strategies to support children and young people at home and in school, with an opportunity to interact with our team via the chat and Q&A function. If you are using a phone, you will need to download the Zoom app beforehand.

Please be mindful of your data usage. If you do not have an unlimited data plan, you may need to connect to a Wi-Fi connection to prevent charges.



Learning Programmes for Liverpool parents and carers

We offer learning programmes in Liverpool to support parents and carers to understand and meet the needs of their neurodivergent children and young people, pre, during and post diagnosis.

[View our online calendar here or via the QR code to find the latest available dates](#)



Neurodevelopmental Conditions Learning Programme

This programme equips parents and carers with a greater understanding of neurodevelopmental conditions, specific learning difficulties and associated mental health needs and equips them with practical strategies that support the difficulties that may present, including:

- **Neurodevelopmental Conditions – including Autism, ADHD, Sensory Processing Difficulties, Specific Learning Difficulties.**
- **Managing everyday challenges and behaviours – including sleep, toileting and eating difficulties.**
- **Your Local Offer, disability welfare rights and SEND, Early Help and Education Health Care Plans.**

No referral or diagnosis is needed

[Click here for latest dates to attend face to face or online](#)

Sensory Processing Difficulties Awareness Raising Training

This training helps parents and carers to understand sensory processing difficulties, emotional regulation and praxis with sensory strategies to better support their child or young person. Delivered in partnership with an Occupational Therapist Advanced Practitioner in Sensory Integration.



Eating Difficulties Awareness Raising Training

Our Eating Difficulties Awareness Raising Training helps parent and carers to understand how our senses are involved in eating, why our neurodiverse children and young people may struggle during mealtimes and the importance of having a consistent, structured and functional mealtime routine. Come along and gain strategies to help your child presenting with eating difficulties.

Please ensure that you have attended our **Sensory Processing Difficulties Training before you attend our Eating Difficulties Training as this provides the base knowledge recommended for this course.**

Please contact us to reserve your free place on our next available Sensory Processing Difficulties (SPD) or Eating Difficulties Awareness Raising Training

Call our office on **0151 486 1788** or email us on **info@advancedsolutions.co.uk**

No referral or diagnosis is needed.

Autism Learning Programme

This post-diagnostic Autism Learning Programme has been designed to support and empower parents and carers in their understanding of how autism is experienced by children and young people, providing learning, guidance and strategies to better support your child/young person. The programme is for Liverpool and Sefton parents/ carers whose children and young people have received a diagnosis of autism (ASD). This offer is in partnership with Alder Hey NHS Trust, commissioned by NHS Cheshire & Merseyside.

Please select the appropriate programme specific to the age of your child/young person:

3-8 years; 9-13 years or 14-19 years.

Please contact us to book your free place

Call our office on **0151 486 1788** or email us on **info@advancedsolutions.co.uk**

or register your interest below



3-8 YEARS

Online - Wednesday and Thursday evenings, 6pm - 8.30pm, starting 30th April.

[Register here](#)

in Sefton - Tuesdays, 9.30am - 2.30pm starting 3rd June.

[Register here](#)



9-13 YEARS

in Sefton - Tuesdays, 9.30am - 2.30pm starting 22nd April.

[Register here](#)

Online - Thursday evenings, 6pm - 8.30pm starting 5th June.

[Register here](#)



14-19 YEARS

in Liverpool - Mondays, 9.30am - 2.30pm starting 23rd June.

[Register here](#)

Professionals Neurodevelopmental Conditions Awareness Raising Training

Designed to improve professionals' understanding of neurodevelopmental conditions (NDCs), how they may present and how one condition may overlap with another. Professionals attending this training will develop knowledge, skills and confidence to better support neurodiverse children, young people and their families:

- **Understand the differences between and the typical behaviours of ADHD, Autism, and other NDCs**
- **Recognise the impact that unsupported and unmanaged NDCs can have on an individual and their family**
- **Understand the impact that sensory processing difficulties can have on children and young people**
- **Identify local support available for professionals, children, young people and their families.**

Wednesday 30th April - 9.15am - 4pm - Liverpool - venue to be confirmed.

If you are interested in this full day's training, please call the office on 0151 486 1788 or email info@advancedsolutions.co.uk.



Seeking Crisis Support?

ADDvanced Solutions Community Network is not a crisis service. If you, a child or young person is experiencing acute distress and is deemed to be a risk to themselves or others, please see our [urgent support page](#).

The details we request when you register are kept securely and used in line with our privacy policy:

<https://www.addvancedsolutions.co.uk/wp-content/uploads/2025/04/Privacy-Policy.pdf>

Get in touch with us

