What's on in Liverpool

Summer 2 Half Term 2025



ADDvanced Solutions Community Network Supporting you to find the answers



ADDvanced Solutions Community Network

is an open access offer that supports the emotional health and wellbeing of neurodivergent children and young people, their families and the professionals that work with them. Below you will find the learning programmes and workshops for Liverpool families. No diagnosis or referral is needed to access the offer.



Liverpool Community Network Group: Every Tuesday morning during term time

An informal, open access learning opportunity to seek advice and support around challenges at all stages of your journey. No need to book, just come along, to meet the team and visiting professionals.

Time: 9:30am - 11:30am Venue: Belle Vale Children's Centre

Hedgefield Road, Liverpool, L25 2RW

The centre is located opposite Belle Vale Shopping Centre and on the left of Gateacre School. The centre is accessible by bus via Belle Vale Bus Station, taking the 89 bus from South Liverpool or 79/204 bus from the city centre.



Topics this half term:

Tuesday 3 rd June	Autism and Girls	
Tuesday 10 th June	Supporting Transition	
Tuesday	Communicating	
17 th June	with your child	
Tuesday	Neurodiversity	
24 th June	and Mental Health	
Tuesday	in partnership with	
1 st July	Signs of a Rainbow	
Tuesday	Preparing for the	
8 th July	Summer Holiday	





We offer several opportunities for parents and carers to access our offer online if this is your preference. Weekly Community Network Groups, termly workshops and also our Learning Programmes are delivered in a webinar format via Zoom for Healthcare. Please register in advance to attend.



View our online calendar here or via the QR code

ONLINE COMMUNITY NETWORK GROUP Monday mornings 9.30am - 11.00am		ONLINE COMMUNITY NETWORK GROUP Wednesday evenings 5.00pm - 6.30pm	
Monday 2 nd June	Signs of a Rainbow joining us to share the support they can offer families.	Wednesday 4 th June	Supporting Transition
Monday 9 th June	Autism and Girls	Wednesday 11 th June	Understanding and Supporting Behaviours that Challenge
Monday 16 th June	Supporting Transition	Wednesday 18 th June	Neurodiversity and Mental Health
Monday 23 rd June	Tantrums vs Meltdowns	Wednesday 25 th June	Supporting Organisational Skills
Monday 30 th June	Understanding Phobias	Wednesday 2 nd July	Signs of a Rainbow joining us to share the support they can offer families.
Monday 7 th July	Preparing for Summer Holidays	Wednesday 9 th July	Preparing for Summer Holidays

Online 'Demand Avoidance' Workshop

An extended webinar workshop, exploring Autism with a Demand Avoidant Profile and strategies to support autistic children and young people presenting with varying degrees of demand avoidance.

Friday 6th June - 9.30am - 12.00pm

Click here to register



Online community network groups and learning workshops provide parents and carers with an understanding of a particular topic around neurodevelopmental conditions. We provide strategies to support children and young people at home and in school, with an opportunity to interact with our team via the chat and Q&A function. If you are using a phone, you will need to download the Zoom app beforehand.

Please be mindful of your data usage. If you do not have an unlimited data plan, you may need to connect to a Wi-Fi connection to prevent charges.



Learning Programmes for Liverpool parents and carers

We offer learning programmes in Liverpool to support parents and carers to understand and meet the needs of their neurodivergent children and young people, pre, during and post diagnosis.



View our online calendar here or via the QR code to find the latest available dates



Neurodevelopmental Conditions Learning Programme

This programme equips parents and carers with a greater understanding of neurodevelopmental conditions, specific learning difficulties and associated mental health needs and equips them with practical strategies that support the difficulties that may present, including:

- Neurodevelopmental Conditions including Autism, ADHD, Sensory Processing Difficulties, Specific Learning Difficulties.
- Managing everyday challenges and behaviours including sleep, toileting and eating difficulties.
- Your Local Offer, disability welfare rights and SEND, Early Help and Education Health Care Plans.

No referral or diagnosis is needed

<u>Click here for latest dates to attend face to face or online</u>

Sensory Processing Difficulties Awareness Raising Training

This training helps parents and carers to understand sensory processing difficulties, emotional regulation and praxis with sensory strategies to better support their child or young person. Delivered in partnership with an Occupational Therapist Advanced Practitioner in Sensory Integration.



Eating Difficulties Awareness Raising Training

Our Eating Difficulties Awareness Raising Training helps parent and carers to understand how our senses are involved in eating, why our neurodiverse children and young people may struggle during mealtimes and the importance of having a consistent, structured and functional mealtime routine. Come along and gain strategies to help your child presenting with eating difficulties.

Please ensure that you have attended our Sensory Processing Difficulties Training before you attend our Eating Difficulties Training as this provides the base knowledge recommended for this course.

Please contact us to reserve your free place on our next available Sensory Processing Difficulties (SPD) or Eating Difficulties Awareness Raising Training Call our office on 0151 486 1788 or email us on info@addvancedsolutions.co.uk No referral or diagnosis is needed.

Autism Learning Programme

This post-diagnostic Autism Learning Programme has been designed to support and empower parents and carers in their understanding of how autism is experienced by children and young people, providing learning, guidance and strategies to better support your child/young person. The programme is for Liverpool and Sefton parents/ carers whose children and young people have received a diagnosis of autism (ASD). This offer is in partnership with Alder Hey NHS Trust, commissioned by NHS Cheshire & Merseyside.

Please select the appropriate programme specific to the age of your child/young person:

3-8 years; 9-13 years or 14-19 years.

Locations move each term.

Please contact us to book your free place

Call our office on 0151 486 1788 or email us on info@addvancedsolutions.co.uk

or register your interest below



3-8 YEARS

in Sefton

across 3 Tuesdays

9.30am - 2.30pm

3rd June, 10th June and 17th June

Register here

9-13 YEARS

Online across 6 Thursday evenings 6pm - 8.30pm starting 5th June

<u>Register here</u>



14-19 YEARS

in Liverpool across 3 Mondays 9.30am - 2.30pm 23rd June, 30th June and 7th July

Register here

Professionals Neurodevelopmental Conditions Awareness Raising Training

Designed to improve professionals' understanding of neurodevelopmental conditions (NDCs), how they may present and how one condition may overlap with another. Professionals attending this training will develop knowledge, skills and confidence to better support neurodiverse children, young people and their families:

- Understand the differences between and the typical behaviours of ADHD, Autism, and other NDCs
- Recognise the impact that unsupported and unmanaged NDCs can have on an individual and their family
- Understand the impact that sensory processing difficulties can have on children and young people
- Identify local support available for professionals, children, young people and their families.

Wednesday 2nd July - 9.15am - 4pm - Liverpool - venue to be confirmed. If you are interested in this full day's training, please call the office on 0151 486 1788 or email <u>info@addvancedsolutions.co.uk</u>.



Seeking Crisis Support?



ADDvanced Solutions Community Network is not a crisis service. If you, a child or young person is experiencing acute distress and is deemed to be a risk to themselves or others, please see our **urgent support page**. The details we request when you register are kept securely and used in line with our privacy policy: <u>https://www.addvancedsolutions.co.uk/wp-</u> <u>content/uploads/2025/04/Privacy-Policy.pdf</u>

Get in touch with us

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