

What's on in Sefton

Summer 1 Half Term 2025



ADDvanced Solutions
Community Network
Supporting you to find the answers



ADDvanced Solutions Community Network

is an open access offer that supports the emotional health and wellbeing of neurodivergent children and young people, their families and the professionals that work with them. Below you will find the learning programmes and workshops for Sefton families. No diagnosis or referral is needed to access the offer.



Learning Programmes

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[Find out more](#)



Community Network Groups

[See below](#)



Online Learning Opportunities

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[Find out more](#)

Sefton Community Network Group: Every Wednesday afternoon during term time

An informal, open access learning opportunity to seek advice and support around challenges at all stages of your journey. No need to book, just come along, to meet the team and visiting professionals.

Time: 12:30pm – 2:30pm

Venue: May Logan Healthy Living Centre

294 Knowsley Road, Bootle, L20 5DQ.

There is on-site parking available, the nearest train station is Bootle New Strand and bus links include the 47, 53Q, 52/52A, 58 and 300.

Topics this half term:

Wednesday 23rd April	Supporting Transition
Wednesday 30th April	Attachment and Neurodivergence
Wednesday 7th May	Autism, ADHD and masking
Wednesday 14th May	in partnership with SENDIASS
Wednesday 21st May	Zones of Regulation

[Get directions](#)



Online Learning Opportunities



We offer several opportunities for parents and carers to access our offer online if this is your preference. Weekly Community Network Groups, termly workshops and also our Learning Programmes are delivered in a webinar format via Zoom for Healthcare.

Please register in advance to attend.

[View our online calendar here](#) or via the QR code



ONLINE COMMUNITY NETWORK GROUP

Monday mornings
9.30am – 11.00am

[Click here to register](#)

Monday 21st April	Bank Holiday
Monday 28th April	Attachment and Neurodivergence Exploring the similarities and overlap of attachment theory and neurodivergence
Monday 5th May	Bank Holiday
Monday 12th May	Zones of Regulation Supporting children and young people to be more aware of their emotional state
Monday 19th May	Understanding Echolia Exploring repetitive and unusual patterns of speech.

ONLINE COMMUNITY NETWORK GROUP

Wednesday evenings
5.00pm – 6.30pm

[Click here to register](#)

Wednesday 23rd April	Attachment and Neurodivergence Exploring the similarities and overlap of attachment theory and neurodivergence
Wednesday 30th April	Troubleshooting Homework
Wednesday 7th May	Sharing a Diagnosis
Wednesday 14th May	Understanding Echolia Exploring repetitive and unusual patterns of speech.
Wednesday 21st May	Benefits Exploring DLA, PIP, and other benefits which may be available to neurodivergent children and young people.

Online 'Supporting Sleep Difficulties' Workshop

An extended webinar workshop, exploring aspects of neurodivergence that can contribute to difficulties with sleep for children and young people and what we can do to support better sleep.

Friday 2nd May – 9.30am – 12.00pm

[Click here to register](#)



Online community network groups and learning workshops provide parents and carers with an understanding of a particular topic around neurodevelopmental conditions. We provide strategies to support children and young people at home and in school, with an opportunity to interact with our team via the chat and Q&A function. If you are using a phone, you will need to download the Zoom app beforehand.

Please be mindful of your data usage. If you do not have an unlimited data plan, you may need to connect to a Wi-Fi connection to prevent charges.

Learning Programmes for Sefton parents and carers



We offer learning programmes in Sefton to support parents and carers to understand and meet the needs of their neurodivergent children and young people, pre, during and post diagnosis.

[View our online calendar here or via the QR code to find the latest available dates](#)



Neurodevelopmental Conditions Learning Programme

This programme equips parents and carers with a greater understanding of neurodevelopmental conditions, specific learning difficulties and associated mental health needs and equips them with practical strategies that support the difficulties that may present, including:

- **Neurodevelopmental Conditions - including Autism, ADHD, Sensory Processing Difficulties, Specific Learning Difficulties.**
- **Managing everyday challenges and behaviours - including sleep, toileting and eating difficulties.**
- **Your Local Offer, disability welfare rights and SEND, Early Help and Education Health Care Plans.**

No referral or diagnosis is needed

[Click here for latest dates to attend face to face or online](#)

Autism Learning Programme

This post-diagnostic Autism Learning Programme has been designed to support and empower parents and carers in their understanding of how autism is experienced by children and young people, providing learning, guidance and strategies to better support your child/young person. The programme is for Liverpool and Sefton parents/ carers whose children and young people have received a diagnosis of autism (ASD). This offer is in partnership with Alder Hey NHS Trust, commissioned by NHS Cheshire & Merseyside. Please select the appropriate programme specific to the age of your child/young person:

3-8 years; 9-13 years or 14-19 years.

Please contact us to book your free place

Call our office on **0151 486 1788** or email us on info@advancedsolutions.co.uk



3-8 YEARS

Online - Wednesday and Thursday evenings, 6pm - 8.30pm, starting 30th April.

[Register here](#)

in Sefton - Tuesdays, 9.30am - 2.30pm starting 3rd June.

[Register here](#)



9-13 YEARS

in Sefton - Tuesdays, 9.30am - 2.30pm starting 22nd April.

[Register here](#)

Online - Thursday evenings, 6pm - 8.30pm starting 5th June.

[Register here](#)



14-19 YEARS

in Liverpool - Mondays, 9.30am - 2.30pm starting 23rd June.

[Register here](#)

Professionals Neurodevelopmental Conditions Awareness Raising Training

Designed to improve professionals' understanding of neurodevelopmental conditions (NDCs), how they may present and how one condition may overlap with another. Professionals attending this training will develop knowledge, skills and confidence to better support neurodiverse children, young people and their families:

- Understand the differences between and the typical behaviours of ADHD, Autism, and other NDCs
- Recognise the impact that unsupported and unmanaged NDCs can have on an individual and their family
- Understand the impact that sensory processing difficulties can have on children and young people
- Identify local support available for professionals, children, young people and their families.

ADDvanced Solutions Community Network is commissioned to deliver a limited number of Neurodevelopmental Conditions Professional Awareness Raising Training. If you are interested in this full day's training, please call the office on 0151 486 1788 or email info@advancedsolutions.co.uk.



We regularly update our website with new dates for professionals training and information about our offer for any professionals who work with neurodivergent children, young people and their families:

[Find out more](#) about our offer for professionals



Seeking Crisis Support?

ADDvanced Solutions Community Network is not a crisis service. If you, a child or young person is experiencing acute distress and is deemed to be a risk to themselves or others, please see our [urgent support page](#).

The details we request when you register are kept securely and used in line with our privacy policy:

<https://www.advancedsolutions.co.uk/wp-content/uploads/2025/04/Privacy-Policy.pdf>

Get in touch with us

